

RWC Meeting Minutes

Friday, August 23, 2019

In attendance: KC Ray, Julia Taylor, Emily Harrison, Anna Erb (phone), Kerry Paksoy, Kristin Mastro, Phillip Bass

Future Meetings:

- · Discussed results of survey about frequency and structure of meetings
- · Majority of individuals requested meeting every month or every other month
- · Individuals present decided meeting every other month would be the schedule moving forward
- · Main focus of future meetings will be on individual case load updates as well as case management; any office information that can be shared via email summary by Kristin and Phillip will be done prior to each meeting so that time in the meeting will be focused on case management and collaboration
- · Meetings will be scheduled a year in advance to allow for most flexibility in attendance
- · Additional survey email will be sent by Phillip and Kristin to determine the best day and time for meetings for everyone (possibly alternate between two most popular days/times?)

Updates:

- · Adam has started as the RWC administrative assistant and will be in the office on Monday and Wednesday afternoons
- · Adam is working on updating the RWC movie playing in 4070; Next therapist spotlight will be Elise Davis; Next topic spotlight will be somatic experiencing
- · New cleaning companies being explored; hope to have new cleaners start this fall
- · HVAC repaired; landlord is having several HVAC specialists inspect duct system in the coming weeks to determine if there are any adjustments that can be made for better air flow
- · 4068 has two offices available for rent (two showings to potential tenants this week)
- · On site visits from Veritas Collaborative, Pasadena Villa, Newport Academy have occurred since last meeting; Lakeview Health is coming at 12:00 pm on Monday, September 9th
- · Potential voice coaching workshop will be held on October 5th in RWC office (or Shelley Gilmore's office); event is invitation only for trans clients who would

like assistance with voice presentation from certified voice coach in safe environment; donation based event, more details will be shared soon

- Julia Taylor is currently contracted with Cigna and United; BCBS and Aetna will come in the next few weeks
- Kristin and Phillip are interviewing and hiring for 1-2 clinicians—if you know of anyone who is interested in part time work please let them know
- Liz has completed EMDR training
- RWC in process of getting NBCC approval for training to be held on Saturday, November 2nd in Wilson. Training will be on Nurture-Play-Structure: Finding Balance for the morning session and LGBTQ+ (Trauma and Attachment) for the afternoon session; Total of 6 continuing education hours if both sessions attended
- RWC has the potential to serve an undergraduate intern again in 2020—if you know of anyone who is interested, please have them contact Kristin or Phillip
- DBT group enrollment begins during the first part of October—contact Emily or Anna with questions
- Clinicians with availability in their schedules at this time: KC, Kerry, Anna, Liz, Julia

Case Conceptualization:

- Thank you Phillip for sharing a case with everyone

Action Items:

- RWC survey for future meeting days and times
- New RWC movie creation—Elise will fill out online questionnaire found on RWC resource page