

RWC Meeting Minutes

Friday, May 3, 6:00 pm

In attendance: KC Ray, Julia Taylor, Emily Harrison, Liz Minnich (Phone), Kristin Mastro, Phillip Bass

Date/Time set for May meeting:

- The next RWC Meeting day and time was not determined
- Discussed purpose and frequency needs for meetings. Several people expressed desire to spend more time on collaboration on client issues in future meetings
- Kristin & Phillip will generate a survey for everyone to complete to determine frequency and agenda/purpose of future meetings

Schedule/Insurance updates

- Liz now in network with BCBS
- Elise adding Wednesdays in June (will be in office Wednesdays and Fridays)

Office updates

- Discussed physical office space updates--tp holder in upstairs bathroom is becoming detached from the wall; Kristin and Phillip will provide materials for repair/replacement and KC will install
- Asked for feedback on cleaning service--recently noticed improvements, still ongoing issues with vacuuming, dusting, etc. Kristin and Phillip will communicate concerns to cleaning service.

Continuing Ed/Referrals

- RWC training: LGBTQ+ Trauma and Attachment tentatively set for Friday, July 26th. Waiting on NBCC approval for CEU's. Fee of \$95 for general public, \$50 for any RWC clinician (3 continuing education hours). Registration will open once approval of CEU's comes through.
- Most common requests for service:
 - DBT Group (and individual)
 - Couples
 - EMDR
 - Also for clinicians in network with BCBS and Cigna
- Discussed options for meeting needs of these service requests as we have been referring to outside RWC for these services as everyone who does this type of clinical work has indicated they are full and not able to take on new clients at this time.
- Gabriella recently attended Circle of Security Training (COS) and we plan to share overview of COS model at future meeting.

Internships

- If anyone is aware of undergraduate students looking to intern/learn about mental health providers, we are happy to talk with and/or meet them. Possibility of observation of different clinicians in session discussed.

Case Presentation

- Thank you KC for sharing case with everyone.

Action Items

- Survey/Poll regarding future meeting days/times/structure--Pending
- Notification to cleaning service regarding ongoing issues--Pending

- Repair to bathroom tp holder--Pending
- Provide Shelley Gilmore's email address to Julia for contact--Completed